



Fulton Heights

Neighborhood Association

SPRING NEWSLETTER 2018

Pancake Breakfast +

MEMBERSHIP MEETING

The Fulton Heights Neighborhood Association Board invites you to attend our Spring Membership meeting and Pancake Breakfast scheduled for **Saturday April 14th at Mayfair Church, 1736 Lyon NE.**

The pancake breakfast is one of two meetings per year to conduct Association business. This year breakfast will be provided courtesy of the Fulton Heights Neighborhood Association.

We will be hosting a variety of guest speakers at the meeting, and we encourage everyone to come. If you are interested in volunteering to assist at the event, please contact FHNA Board president Sam Warber at swarber55@yahoo.com.

Not a member? Join at the meeting! We look forward to seeing you!



FHNA CHARITY DRIVE COMPETITION

Beginning with the April meeting, the FHNA Board will be sponsoring a chosen non-profit organization for each membership meeting.

Prior to the meeting, we reached out to neighborhood non-profit organizations and asked what items or donations they might need. There will be a suggestion sheet at the meeting for neighbors to suggest which group should be our next collection recipient.

This meeting's recipient will be: **The Outreach Programs at The Salvation Army Fulton Heights Corps.**

They have asked for the following items: Baggies, Brown paper bags, napkins, individual snack items (like fruit snacks and granola bars).

The seniors would also appreciate birthday cards, sympathy cards, and get well cards.

IMPORTANT NEIGHBORHOOD DATES

APRIL 1 - EVEN/ODD PARKING ENDS
APRIL 14 - NEIGHBORHOOD MEETING

APRIL 22 - EARTH DAY
MAY 19 - NEIGHBORHOOD GARAGE SALE

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FULTON HEIGHTS NEIGHBORHOOD ASSOCIATION

MISSION STATEMENT

The mission of the Fulton Heights Neighborhood Association is to promote friendship and cooperation among residents; to maintain and improve the property and physical appearance of the community; to assist local businesses to survive and prosper in the community; to have a role in civic matters affecting our community; to develop awareness, a spirit of pride and individuality; to initiate neighborhood programs for solving problems, providing services, and promoting social activities; to encourage the development of more localized groups such as block clubs to follow the aforementioned purposes; and to receive and disburse monies, gifts, bequests and goods for community service for charity.

FHNA BOARD OF DIRECTORS

Sam Warber, President,
Interim Secretary

Vacant, Vice President

Kevin Kelling, Interim Treasurer

Ty VanWingen, Director

Diane Velzen, Director

Kayla Domeyer, Director

Don Wheeler, Director,
Block Captain Coordinator

Jessica Dawson-Will, Director

FHNA GARAGE SALE DAY MAY 19

The annual FHNA garage sale will kick off on Saturday, May 19th. The FHNA board has printed **new signs**, and will advertize this day on community calendars, Mlive and Craigslist.



All you have to do is set up your stuff and make some money!

BLOCK #	STREET	BLOCK CAPTAIN (House Number)	
4 - 165	Alten	Tim Fournier (24)	616-822-6613
213 - 354	Alten	Sherry & Mark Gotshall	616-901-0133
15 - 142	Arthur	Joel Swierenga (59)	616-856-6359
37 - 133	Auburn	Arielle Leipham Ellis (52)	616-516-4764
13 - 165	Baynton	Josh O'Berski (115)	616-610-9241
160 - 355	Baynton	Fred Stella (234)	616-454-5960
16 - 143	Benjamin	Dustin Will & Jessica Dawson-Will (102)	616-485-4379
	East Terrace	Fred Dryg (1573)	616-295-0262
40 - 400	Fuller	Open	
5 - 167	Holmdene	Samantha Lee (154)	231-343-5648
168 - 354	Holmdene	Kyle & Rachael Roseman (224)	616-498-0569
16 - 105	Lawndale	Open	
214 - 337	Lawndale	Sam Warber (324)	616-540-9920
13 - 163	Lowell	Open	
13 - 163	Mayfield	Kim Koonmen	616-460-9728
212 - 348	Mayfield	Open	
5 - 233	Plymouth	Al Couch (55)	616-454-3676
8 - 163	Wallinwood	Woody Woodruff (61)	616-454-4085
212 - 348	Wallinwood	Elizabeth Jermstad (336)	616-617-5368

BLOCK CAPTAINS & NEIGHBORHOOD WATCH

If you are interested in serving as a Block Captain for one of the "Open" blocks, please contact Don at donwheeler89@icloud.com or 616-459-4393.

SPRING NEWSLETTER 2018

SIERRA CLUB IN OUR NEIGHBORHOOD

DAWN WIGERT

Did you know the Sierra Club is active in your community?

The Sierra Club is the nation's oldest and largest environmental organization, founded in 1892 by John Muir. With 150,000 supporters in Michigan, great accomplishments have been made in our state, including securing permanent protection for Sleeping bear dunes. Our local Greater Grand Rapids committee is active in various campaigns at the national level, statewide, and even right here in our own neighborhood!

One of our local campaigns is called "Growing Green Grand Rapids." We have gathered to ask the question, "How can we make our green spaces healthy for people, pets and pollinators?"

Well, there is a green revolution in lawn and garden moving across the country to promote organic practices.

And we at the Sierra club want to "Bee" a part of this movement to promote earth friendly practices! "Growing Green Grand Rapids" was formed to tackle lawn pollution problems!



SIERRA CLUB

Our movement was initiated by members of the Greater Grand Rapids Sierra club. Our goal is to organize and educate our community to promote organic and sustainable landscape practices that are better for the air, water and the earth. This campaign focuses on chemical free lawn care and gardens that are safe for people, pets, pollinators and all wildlife! Our brand is "Bee safe Yards!"

Come to our inaugural event on **Monday April 9 at 7:00 p.m. at Mayfair Church, 1736 Lyon St. NE.** The program is titled "Soil Alive" and will be presented by John Venman of Venman's Landscape.

All are welcome to come hear him make the case to care for your yard and property without the use of harmful pesticides. We will talk about alternatives to conventional lawn and garden practices.

For more information you can reach us at growinggreengr@gmail.com To attend our meetings and find out what else we are doing, please visit www.sierraclub.org/michigan/greater-grand-rapids.

Become a Member!

Fill out the FHNA membership form on page 11 to become an FHNA member.



Visit us on fultonheights.org!



Search Fulton Heights on Facebook!

SPRING NEWSLETTER 2018

40 YEARS OF BLOCK PARTIES

KEVIN KELLING

On Labor Day weekend, 2017, 47 people attended the latest Auburn Ave Block Party. I sat in the large group circle in my camping chair marveling at the group and wondered how this all got started.

So, I asked Mark & Gloria Cangelosi. They bought their home on Auburn Ave as young parents in 1978. Gloria said the block party was alive and well at that time. Who knows how many years it had been going on when Mark and Gloria arrived.

Gloria said that over time several of the people who organized the block party moved on for a variety of reasons. Eventually Gloria took the torch to carry on the tradition of the block party after a brief interval of 5 years from 1989-1994. So, the block party has been going on for 23 years straight since 1994.

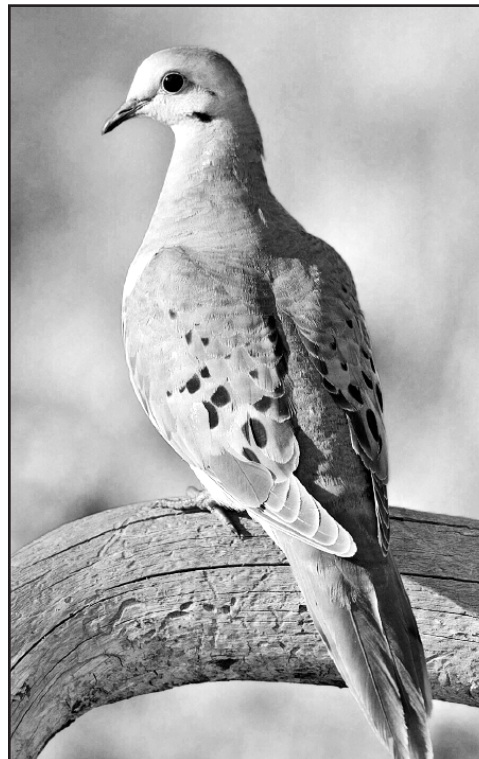
The kids love the block party. Four Square and water balloons are the favorites for most of the kids.

The last couple of years we've held 2 block parties each summer because it's such a great time to hang out with our neighbors.

Part of the reason I think the block party has lasted so long is that Gloria and organizers since her have kept it

very simple. Just a potluck and a little chalk and ball for 4-square. Someone rolls out a grill and we all bring our camping chairs.

If you want to organize your own block party, contact the city at 311 to get the form to have the street blocked off for the party. Give it a try – maybe you'll be the one to start a 40 year tradition.



SPRING MIGRATION IN FULTON HEIGHTS

BY ANNA KORNOELJE

You have probably noticed the birds singing after our long, cold winter. In our neck of the woods, Cardinals and Mourning Doves (pictured) begin calling in February. Such a hopeful

sound when snow is still on the ground!

In April and May, if you look and listen carefully, you may hear some special birds as they pass through Michigan. Warblers, Thrushes, and Sparrows are some of the long distance migrants that use Fulton Heights as a resting place on their journey to breeding grounds up north. Wintering grounds can be as far south as South America!

Be on the lookout high up in the trees where these amazing birds forage for caterpillars and other bugs. With our neighborhood's big old trees, Wilcox Park, and Aquinas College nearby, this city environment still provides the food and shelter migrating birds need.

Some gorgeous examples of migrants you can see right here in Fulton Heights are the Rose-breasted Grosbeak, Black-throated Blue warbler, Yellow warbler, Ruby-throated hummingbird, and Hermit Thrush.

Some of these birds fly right over the Gulf of Mexico in a single flight!

To support these birds on their journey consider planting native trees, flowers, and shrubs. Also keep cats indoors or put a bell on outdoor cats. Cats are the number one predator of our wild birds.

Want to learn more? Check out the Cornell Lab of Ornithology website at allaboutbirds.org, or download a great free app like Birdsnap!

See you outside!

SPRING NEWSLETTER 2018

HILLCREST COMMUNITY GARDEN

The Hillcrest Community Garden is one of the largest community gardens in Michigan, and is one of the many things that makes the Fulton Heights neighborhood so desirable. As proud owners of the Garden, the Fulton Heights Neighborhood Association, with the guidance of the Garden Committee, serves as stewards for the Garden's future and administers the use of the Garden, to ensure that both long-time participants and eager new gardeners have opportunities to participate in one of the true treasures of the City of Grand Rapids.

FREQUENTLY ASKED QUESTIONS

Q: How do I start the process of getting a garden plot?

A: Go to fultonheights.org, the "Hillcrest Garden" tab.

Q: How big are the Hillcrest Plots?

A: There are quarter plots (12'x25'), half plots (25'x25'), and full plots (25'x50').

Q: What would be some good things for beginners to plant?

A: Tomatoes, summer squash, kale, and broccoli would be a good start.

Q: Should I use plants or seeds?

A: For crops that take many weeks to mature, start with plants, e.g., tomatoes. For crops that mature quickly, seeds are easy and economical, e.g., beans.

Q: What tools do I need for starters?

A: A hoe, rake, trowel, and shovel are most basic.

Q: Do I need to provide my own hose?

A: Yes, hoses are the responsibility of individual gardeners.

Q: When is Hillcrest ready for planting?

A: In May, after plowing and plot marking.

Q: Can I plant things like perennial herbs, asparagus, and strawberries?

A: Most plots are called annual plots, and these get plowed in spring. Perennial plants would not survive in the annual plots. There are a few perennial plots with limited availability.

Q: Can I spray for bugs?

A: Hillcrest is an organic garden. Only organic pesticides can be used. Other methods are: crop rotation, encouraging beneficial insects, and removing damaged plant material.

Q: How can I control weeds?

A: You can use mulching, hoeing, or hand pulling, but not herbicides.

Q: Is there a composting service available in our area?

A: Yes, Urban Roots is expanding their compost collection service to our area. Visit <http://www.urbanrootsgr.org/yourcompost/> for more information.

SPRING NEWSLETTER 2018

ADA MAE ADVENTURE: *An FHNA Neighbor's New Business*

TY VANWINGEN

By now you probably have noticed the new building at Fulton and Carlton St., Fulton Square. It's home to many new residents, and now a new women's boutique called Ada Mae. The shop opened on December 1, 2017. Owned and operated by Fulton Heights resident Jessica Smith, Ada Mae provides women with unique, quality, handmade clothing and accessories. The boutique supports designers from the U.S. and Europe, with an emphasis on small independent lines.

Jessica is a Grand Rapids native and a strong supporter of the local community. Among various work experiences, she has managed and worked at Global Infusion and also

Rock, Paper, Scissors, and Jessica has dreamed of bringing beautiful, handmade clothing to Grand Rapids for 20 years. With much hard work, and more than a little anxiety, she has made it a reality. Jessica and her family love calling the Fulton Heights neighborhood home, and also having her dream business so close.

The store is located at 1 Carlton, Suite B. The hours and Ada Mae contact information is below. Drop in and say hi!

Hours:

Mon - Thurs. 10AM - 6PM
Friday 10AM - 6PM
Saturday 10AM - 5PM

adamaeapparel.com

(616) 288-5611

adamaeapparel@gmail.com



SPRING NEWSLETTER 2018

FHNA NEIGHBORHOOD HERO

KAYLA DOMEYER

Each newsletter, we ask for nominations for the Neighborhood Hero award. This award recognizes Fulton Heights neighbors who go above and beyond to show kindness and neighborly behavior.

This time Grady Bass on Baynton has been nominated for his kindness and helpfulness to all around him.

Some examples of Grady's kind acts include pet sitting, shoveling snow, mowing lawns and more!

Thanks Grady for all that you do. We appreciate you, and all of the great neighbors in our 'hood!

LIFE IN FULTON HEIGHTS: THE WAY IT WAS, IS AND WILL BE
*COMING IN MAY
TO MAYFAIR
COMMUNITY CHURCH
7:00 - 9:00 PM*

Our neighborhood has a rich history of great folk over the years. Come join in a fun discussion and stories of how things used to be from some of our more senior residents, share in the



experience of current residents and tell us what we'd all like to see in our future community.

Cosponsored by StorySpinners of Grand Rapids, Fulton Heights Neighborhood Association and Mayfair Community Church.

For more information, please contact Gloria Cangelosi (616) 821-4106 or MCange9397@aol.com

NEIGHBORHOOD OFFICER'S UPDATE

OFFICER CRAIG GLOWNEY

Just a few points to remember as we get into the warmer weather.

Lock your cars and don't leave items visible inside. This helps to reduce theft from vehicles. Additionally, leave your porch lights on. A bright street is a deterrent to theft. If you do spot suspicious activity, call it in to the dispatchers at 456-3400 as soon as possible so that it can be checked on and documented.

Keep on the lookout for a new initiative by the City of Grand Rapids and the Police Department. We will soon be introducing a voluntary surveillance camera sign up in which willing residents can register if they have exterior cameras on their house or business. This will create a database showing which addresses have cameras and where those cameras point/cover, so if an incident occurs along the street a detective can easily see if the incident and or suspect may have been caught on camera.

Crime Prevention Coordinator Julie Niemchick can be contacted at jniemchick@grcity.us or 456-3363 for any questions regarding public safety training from the Police Department such as block club training, dispute resolution, etc.

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PICNIC VOLUNTEERS

We need your help to put on an evening with neighbors, games/activities for the kids, entertainment, great food and fun!

If you're interested in being part of this fun committee, please contact Sam Warber at swarber55@yahoo.com or fhna@fultonheights.org

FHNA GARAGE SALE MAY 19

Spring is finally here...and that means garage sale season will soon be upon us. Not to worry, you still have time to get organized. Mark your calendar for **Saturday, May 19th** and start cleaning out the drawers, closets, basement and garage to get ready for the big day.

The Fulton Heights Neighborhood Association will take care of advertising and will be placing ads on Mlive as well as on Craigslist. We've also **printed new signs** to post at various entrances to the neighborhood. Feel free to post your own signs as well!

The garage sale is a great opportunity to sell some treasures and earn some extra cash! All costs associated with the neighborhood garage sale are paid for with membership dues, so please join today and help support events like these!



SPRING HOME CHORES

MITCH DOMEYER

Every change in season marks a great time to check your home, and perform any easy-to-forget home maintenance tasks. For example, now that the snow is (hopefully!) gone for good, it is a good idea to inspect your roof for any lifting shingles, failed flashing or popped up nails. Most of these can be spotted from the ground, but if you noticed any leakage during the snow melt, you might want to take a close look at that area.

After the roof, turn your inspection toward the ground. Is there a low trough in the earth around your foundation? Faulty eaves tend to let rainwater carve channels near the base of your home. Now is a good time to fill in those areas, making sure to slope the dirt (and so the water) away from your home. Also fill in any plow or shovel digs from the snowy season.

Take time to wash the inside and outside of your windows before swapping your storm windows for screens. This is a great time to inspect the moldings and casings of your wood or vinyl windows. Look for gaps, cracks, or mold. These can damage the integrity of the window over time.

Check your major appliances this spring. Have a look at your air conditioner and make sure it is working. Have a look at your furnace filter and replace if needed. Check the outside of your dryer vent and clean it of any lint debris. Do the same lint removal on the inside of your dryer vent, making sure that the entire vent area is free of lint as a fire safety measure.

Don't let these important tasks get forgotten this spring!

SPRING NEWSLETTER 2018

LETTER TO THE EDITOR

ARIELLE LEIPHAM ELLIS

Dear Editor,

I hate feeling powerless. Nothing gets more worked up than people complaining that they can't do anything to solve problems yet they stop short of really trying to figure out practical solutions. So I started thinking—I'm a stay at home Mom, yes I'm busy, but I am not too busy to figure out how I can help in tangible ways with the issue of gun violence in our schools and communities.

Our babies (and let's be real, they're never not our babies even when they are grown) and community deserve real action to stop the epidemic of gun violence in our country. We're not alone and we're not helpless. There are many seemingly simple, yet powerful things we can do today.

So I signed up with Sandy Hook Promise to get trained as a Promise Leader. Here's the description of what a Promise Leader is from their Facebook page:

"A Promise Leader is a committed supporter of Sandy Hook Promise's mission and approach who is willing to go beyond activity at the individual level and bring Sandy

Hook Promise programs and initiatives to a larger audience within their community. Community is purposefully defined broadly and could include their child's school, college or university, workplace, place of worship, civic organization, youth serving agency, nonprofit organization, or another group, club, organization or institution.

Each Promise Leader will look different depending on their area of interest, network, culture of the organization or institution, and the time they have available. Many of Sandy Hook Promise's Promise Leader activities can be customized to meet the unique needs of your organization or institution and can be done in just a few hours a month."

This is a high-impact, low-commitment, no-cost, powerful, bi-partisan (need I say more?) way to make real change in your community. Go to www.sandy-hookpromise.org/promise_leaders to join me in making change that we can all agree on.

If you're interested in learning more about this program, feel free to email me or go to the website www.sandyhookpromise.org/promise_leaders.

Neighborhood Special!

Call **VEENSTRA'S**
between April 1 and July 1
to receive a
\$21.95 Oil Change!¹

Call 616-454-6597

To make your appointment just mention the code "**Neighbor**" to receive this limited time offer.

1304 Fulton St East
Grand Rapids, MI 49503
At the corner of
Benjamin & Fulton
(Across from The Schnitz)



¹ Price covers the cost filter and first 5 quarts of oil. Synthetic and Dexos \$36.

SPRING NEWSLETTER 2018

FHNA SPRING CROSSWORD PUZZLE

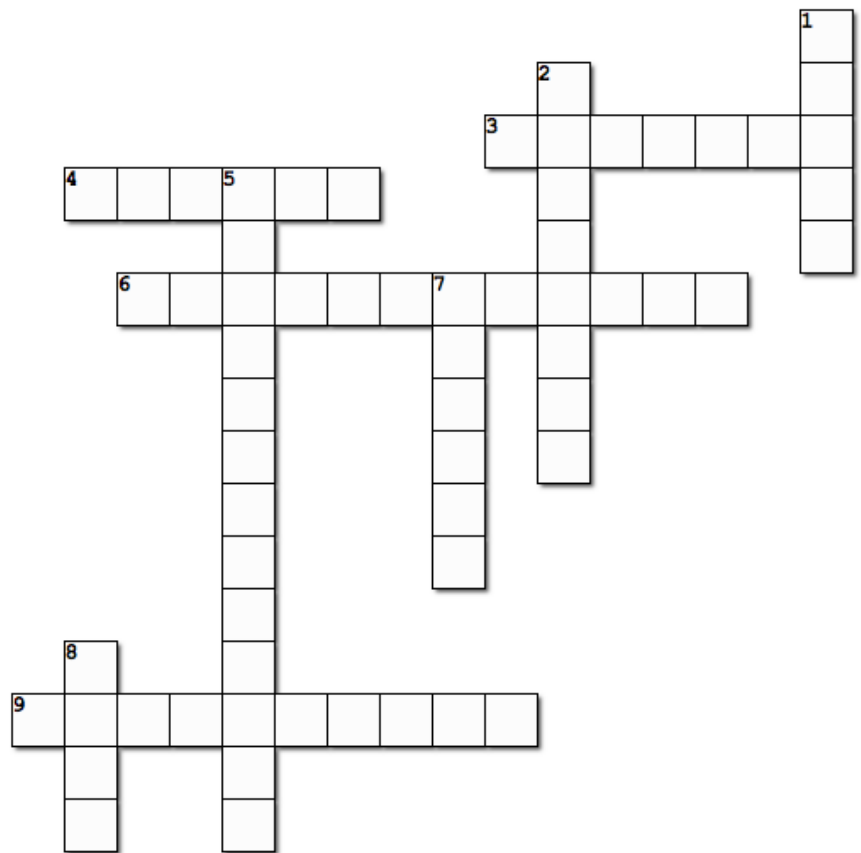
GOT AN IDEA FOR A GREAT CROSSWORD CLUE? HOW ABOUT A GREAT WORD SEARCH WORD?
SEND SUGGESTIONS TO FHNA@FULTONHEIGHTS.ORG.

ACROSS

3. Several FHNA events are to be held at _____ Church
4. A new store, owned by an FHNA neighbor
6. TSA Fulton Heights needs _____ for their programs
9. Urban Roots is expanding this service into Fulton Heights

DOWN

1. Auburn Ave has held Block Parties for _____ Years
2. Flat, round and served at breakfast
5. A bird you might see in the spring hereabouts
7. It is a club, but the members use spades!
8. Officer Glowney recommends you _____ your car.



Answer Key

Across 3. Mayfair 4. AdaMae 6. Fruit Snacks 9. Composting
Down 1. Forty 2. Pancakes 5. Mourning Dove 7. Sierra 8. Lock

SPRING NEWSLETTER 2018

BECOME AN FHNA MEMBER TODAY!

Are you a member of the Fulton Heights Neighborhood association? We are always welcoming new neighbors into our ranks! Simply fill out the application below! Contact FHNA@fultonheights.org for more details.

BENEFITS OF YOUR FHNA MEMBERSHIP:

- Neighborhood Newsletters and special meeting fliers delivered to your door.
- Bi-annual Membership Meetings.
- Neighborhood Garage Sale with Advertisement Signs.
- Access to our Beautiful 5-Acre Community Garden on Lyon Street.
- Access to Dumpster Days.
- Neighborhood Block Captains on every street — Safety First!
- A Website and Facebook page.
- Summer Picnic filled with fun for all ages to enjoy!
- Neighborhood Signs to border and showcase the Fulton Heights Community.



Visit us on fultonheights.org!



Search Fulton Heights on Facebook!



Fulton Heights Annual Membership Application

Neighborhood Association

NAME _____

STREET ADDRESS _____

PHONE _____

EMAIL _____

VOLUNTEERING AND INTERESTS

Please let us know if you are interested in volunteering for FHNA, or if you'd like to be contacted with information about one of our programs.

- ☐ Volunteer to Assist with Newsletter delivery
- ☐ Volunteer on the Annual Picnic Committee
- ☐ Volunteer with other FHNA projects
- ☐ Learn more about becoming a block captain
- ☐ Learn more about gardening at Hillcrest Gardens.

MEMBERSHIP TYPE:

Select One

- ☐ Family/Household **\$8**
- ☐ Seniors/Singles/Students **\$5**

OPTIONAL DONATION:

All donations to FHNA are tax deductible.

- ☐ FHNA General Fund \$_____
- ☐ Hillcrest Gardens Enhancement project \$_____
- ☐ FHNA Perimeter Street Sign project \$_____

TOTAL ENCLOSED \$_____

*Make Checks Payable to "FHNA". Drop off or mail to
PO Box 1590, Grand Rapids, MI 49501*

SPRING NEWSLETTER 2018

Oh Baby!
Let's
make
Music
Together!

Family music classes
for children ages 0-4

Try
a free
class!

Music Together.
Joyful Sounds Music Studio

kidsmusicGR.com | 616.916.0478



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- Catering

LA DAME AU FROMAGE



315 Fuller Ave NE | Grand Rapids, MI
(616) 242-9880 | www.thecheeselady.net
[/thecheeseladygrandrapids](https://www.facebook.com/thecheeseladygrandrapids)

Tu-Fr: **10a-6p** | Sa: **9a-4p** | S: **Closed** | M: **Closed**

home.




GREENRIDGE REALTY

Ty VanWingen, Realtor/Associate Broker | tyvanwingen@gmail.com | 616.430.5104